

New England Sports Center



# Learn To Skate Program



Spring 2009 Registration Form

**Wednesday Classes @ 5:20pm - 5/6/09 – 6/17/09 (7 Weeks)**

Cost \$126.00

**Bridge/Synchro Classes - Wednesdays @ 5:20pm**

Cost \$175.00

**Saturday Classes @ 10:00am - 5/9/09 – 6/20/09 (7 Weeks)**

Cost \$126.00

**Bridge Classes @ 10:10am (7 Weeks)**

Cost \$175.00

(If you are unsure of your registration status, please call 508-229-2700 or email howell@nes.com)

***For More Information, Call 508-229-2700***

Return application with payment (checks payable to "NES") to:  
New England Sports Center  
Attn: Learn To Skate Program  
121 Donald Lynch Blvd. • Marlboro, MA 01752



Skater's Name \_\_\_\_\_ Passed Levels \_\_\_\_\_

Address \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  Male  Female

Phone \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

## WAIVER FORM

*I understand the inherent and other risks associated with the sport of figure skating and that injuries are a common occurrence of the sport. I agree to indemnify and hold harmless the New England Sports Center, their agents, employees, contractors, skating professionals and instructors against any loss, damage or injury, which arises from my child's participation in this program.*

*I have read and understand the above provisions and by my signature agree to these provisions. If skater is under the age of 18, parent or legal guardian must sign below.*

Signature \_\_\_\_\_ Date \_\_\_\_\_



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## All Classes

### Tots 1 - 3:

Designed for 4-5 year olds who have never skated before.

### Beginner 1 - 2:

Designed for beginners ages 6 - 14 that are just learning to skate. Level 1 covers forward skating skills. Level 2 covers backward skating and stopping.

### Advanced Beginner 3 - 8:

Designed to teach more advanced maneuvers such as crossovers, spirals, basic spins and jumps.

### Free Skate 1 - 6:

Designed to focus on advancement in jumps and spins as well as learning some of the ISI Moves in the Field skills.

### Synchro Classes:

Synchro is held on Wednesday's at 5:20pm. It is a full 50-minute lesson. Skaters must have passed Basic 4 or Alpha. Must be proficient with crossovers.

### Bridge Classes:

Designed for skaters who wish to learn at an accelerated pace. The classes are open to skaters in Alpha / Basic 4 thru Freeski 4 levels. Class will have up to 5 - 6 skaters per instructor and a full 50-minute lesson. We are only able to have one class on Wednesday and 2 classes on Saturdays.

## About Us

The New England Sports Center Learn to Skate offers a variety of programs. Classes for all ages and abilities are offered in recreational and competitive skating. We are a 5 ice rink facility, with a restaurant, snack bar, hockey pro shop, and fitness center. For more information please visit our website [www.nes.com](http://www.nes.com).

## Additional Information

- All beginner skaters are encouraged to wear figure skates for the first couple of weeks.
- Skates rental will be available as a courtesy on First Come, First Served basis with limited availability.
- Helmets are required for all beginners. Bicycle helmets are permitted.
- All classes and levels are offered on each day.
- Registration includes a yearly ISI membership or USFS membership. Cost \$20
- Pre-registration is required a week prior to secure the skater's place in class.
- NESCS reserves the right to cancel a session due to lack of enrollment.
- REFUNDS 100% before registration deadline, 75% after first week, no refunds after the second week. There are NO make up classes.
- Penalties: A \$35.00 penalty is assessed on all returned checks.
- Comfortable, flexible warm clothing. Dress in layers. Mittens or gloves recommended.
- Certificates are awarded to all skaters.
- Skaters are tested during the session.
- Figure skates and Hockey skates are accepted. Plastic skates are highly discouraged. Double runners are not accepted.

## Directions

From Route 495, take Route 290 west towards Worcester, take first exit (25B Solomon Pond Mall); at end of ramp go right, then take the first right onto Donald Lynch Blvd. Rink is 3 miles on left.



**Questions?** Please call 508-229-2700 or email [howell@nes.com](mailto:howell@nes.com))