



Learn the Fundamentals Or improve your skills

Learn to Skate, earn badges, meet new friends, be healthy and have fun!

- **Basic Skills** Classes for beginners through Basic 7 and Hockey 1-4 (No sticks/pucks). Group classes are 25 minutes long with a 25 minute practice time.
- **Advanced** Classes for Basic 8 - FS6. Group classes are 25 minutes long with a 25 minute practice time.
- **Intro Synchro** (Must have **passed** Basic 2 skills) Classes may be added to the Basic skills or Advanced class. Learn the basics of synchronized team skating. Class is 25 minutes .
- **Bridge** Classes for skaters interested in learning at an accelerated pace. Class size limited to 6 students. Full 50 minutes of instruction. (Must be Basic 6 –FS6)
- **TOT** Classes for skaters 3-5 years old. Class is 30 minutes long.

The Basic Skills Program is a USFS ice skating program that is fun, challenging and rewarding. By participating in the program beginning skaters of all ages and abilities can learn the fundamentals of the sport

Join the FUN!



ADDITIONAL INFORMATION

Boys and Girls minimum age 4 years

Helmets required for beginners through Basic 4.

Skaters should wear warm clothing which doesn't restrict movement (no jeans) and gloves/mittens.

Please arrive 40 minutes before class to check in for class and get skates on (in locker room).

Please register up to two weeks prior to class begin date. Registrations will be accepted on a space available basis after this date.



It's GREAT to SKATE!

Skating Classes



The Skating Club of Boston MetroWest

Located at:

New England Sports Center
121 Donald Lynch Blvd.
Marlborough, MA 01752
(508) 395-7004

EMAIL: metrowest@scboston.org
www.scboston.org



Class Schedule

Please note that payment is due in full at the time of sign-up.

Day/Time	Begins	Ends	#Classes	Fee
MONDAY 5:00-5:50pm**	11/9/09	1/4/10	9	Basic/Advanced Basic/Adv +Synchro Bridge \$135 \$198 \$225
WEDNESDAY 5:20-6:10pm	11/11/09	1/6/10	9	Basic/Advanced Basic/Adv +Synchro Bridge \$135 \$198 \$225
SATURDAY 8:50-9:40am**	11/14/09	1/9/10	8	Basic/Advanced Basic/Adv +Synchro Bridge \$120 \$176 \$200
SUNDAY 3:20-4:10pm**	11/22/09	1/3/10	6	Basic/Advanced Basic/Adv +Synchro Bridge \$ 90 \$132 \$150

** No class on Sunday 11/15/09, 12/6/09 and Wednesday 12/30/09

TOT FALL CLASS SCHEDULE

WEDNESDAY 1:00-1:30pm	11/11/09	12/23/09	7	Tot class Ages 3-5 30 minute class	\$105
FRIDAY 1:00-1:30pm	11/13/09	12/18/09	6	Tot class Ages 3-5 30 minute class	\$90

FAMILY DISCOUNT: First child pays full price, second child gets 5% discount, third child gets 10% discount. Please fill out separate form for each child and note sibling discount.

Limited Skate rentals are available for
\$3.00/day
(Please arrive 30 minutes before class)

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SKATING CLASS APPLICATION (PRINT PLEASE)

Skater's Name: _____ M / F: _____ DOB*: _____

(*Minimum Age = 4 years)

Last Basic Skills or Free-Skate Level Completed: _____ USFS Basic Skills #: _____

(Required for those not paying registration fee)

Address: _____

(Street)

(City)

(State)

(Zip)

Parent or Guardian's Name: _____

Phone #s: _____

(Home)

(Work)

(Emergency)

Email Address: _____ Skate Rental Needed? YES NO Shoe Size _____

(For Confirmation)

How did you hear about our program? _____

Check the appropriate level box and CIRCLE DESIRED CLASS DAY.

- Basic Skills & Advanced (Snowplow-FS6 and Hockey 1-4) MON \$135 WED \$135 SAT \$120 SUN \$ 90
- Basic Skills or Advanced plus Intro Synchro MON \$198 WED \$198 SAT \$176 SUN \$132
- Bridge Class MON \$225 WED \$225 SAT \$200 SUN \$150
- Tot Class WED \$105 FRI \$ 90

Please add yearly USFS Registration Fee of \$10.00 in the first session skated of the year (July1, 2009- June 30, 2010) \$10.00

TOTAL ENCLOSED: (Check payable to SCoB or charge ... be sure to add the \$10 USFS Registration fee to class fee) \$ _____

Credit Card Type:(circle) **MC VS D** Card Number: _____ Exp Date: _____ / _____

Printed name _____ Signature: _____

Signature for the "Waiver and Release of Liability" on this form below is required for processing.

Amateur Athletic Waiver and Release of Liability

In consideration of being allowed to participate in any skating or related activities at The Skating Club of Boston or elsewhere sponsored by The Skating Club of Boston, the undersigned acknowledges, appreciates, and agrees that:

- The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
- I knowingly and freely assume all such risks**, both known and unknown, **even if arising from the negligence of the Releases** of others, and assume full responsibility for my participation; and,
- I willingly agree to comply with the stated and customary terms and conditions for participation. If however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
- I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, **hereby release and hold harmless The Skating Club of Boston**, its officers, officials, agents and/or employees, other participants, sponsors, advertisers, and, if applicable, owners or property, **whether arising from the negligence of the releases or otherwise.**

This certifies that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of the Releasees, and, for myself, with my heirs, assigns, and next of kin, I release and agree to indemnify the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, **even if arising from their negligence.**

Parent/s Signature

Date Signed

[]YES []NO I give permission for photos of my skater taken which may be used in promotional materials (skaters names will never be used with these promotional class photos.)